How Plants Get Water and Food



Most plants have roots. Those roots grow down into the dirt. The roots take in water from the dirt. The roots also take in minerals and other things from the dirt.

A plant uses those things to help it make food. The water and food then move up the plant's stem. They move to other parts of the plant. This helps the plant grow well.

Date: _____

Directions: For questions 1-4, circle the correct answer.

1. Where do roots grow?



down into the dirt



up in the air

2. What do roots take in from the dirt for the plant?



sunlight and air



water and minerals

3. What does water and food move up through to other parts of the plant?



the roots



the stem

4. What happens to plants that get plenty of food and water?



They get sick.



They grow well.

5. A) Wha	t do	plants	make	from	the	water	and	minerals	in	the
dirt?										

Plants use water and minerals to make	
B) Draw a plant. Be sure to include the roo	ots!